

PSHE/RSE Scheme of Work														
Year 1 - Living in the Wider World														
Teaching and Learning	Autumn 1							Autumn 2						
	How to contribute to the life of the classroom	Different roles and responsibilities within school (Staff and pupils)	How can we help each other and does our behaviour help people in the classroom?	What are rules and why do we have them? What rules do you have at home?	Group and class rules	Identify the needs of people and living things	Explore examples of how to support the needs of other (taking turns, sharing etc)	Identify special people and describe ways that special people can be from different groups	Groups we belong to (friendships, class, year group, faith)	Identify and describe their local nature and built environments (What are in these environments?)	Identify what they like and enjoy about different environments and how we can care for them	Explain how money is obtained and recognise what money looks like	What may money be used for (Home and school)	Identify different sources of money and give examples of how they or family members have used money to obtain things
Notes/RSE			-Recognising emotions (PM1) -Appropriate behaviour (PM1) -To recognise that their behaviour can affect others (RE2)			-Discuss loneliness (PM1) -Respect to and from others (RE3)	-Bullying (PM1) -Respect to and from others (RE3)	-Families linking to love, security and stability (RE1) -Belonging to groups (RE1) -Relationships of different types (RE1)	-Discuss effects of loneliness (PM1) -Mental wellbeing (PM1) -Belonging to groups -Relationships of different types (RE1)		-Sharing ideas and emotions (PM1)			
PSHE Assoc	Year: 1 Core Theme: 3 Grid: A	Year: 1 Core Theme: 3 Grid: A	Year: 1 Core Theme: 3 Grid: A	Year: 1 Core Theme: 3 Grid: B	Year: 1 Core Theme: 3 Grid: B	Year: 1 Core Theme: 3 Grid: C	Year: 1 Core Theme: 3 Grid: C	Year: 1 Core Theme: 3 Grid: D	Year: 1 Core Theme: 3 Grid: D	Year: 1 Core Theme: 3 Grid: E	Year: 1 Core Theme: 3 Grid: E	Year: 1 Core Theme: 3 Grid: F	Year: 1 Core Theme: 3 Grid: G	Year: 1 Core Theme: 3 Grid: G

PSHE/RSE Scheme of Work														
Year 1 - Relationships														
Teaching and Learning	Spring 1							Spring 2						
	To learn about a wide range of feelings and what these look like	How can we affect how others feel?	Identify special people and how we can care for them	Different types of behaviour (Helpful/unhelpful/kind/unkind)	Fair and unfair	Right and wrong (in terms of own behaviour) Acts of kindness	How people's bodies and feelings can be hurt	The difference between a secret and a surprise	Listening to others and playing cooperatively	What it means to give support and feedback	Appropriate and inappropriate touch (Underwear rule)	Teasing and bullying	Sharing opinions and views (Listening alternatively)	Differences and similarities between people (Appearance, families etc)
Notes/RSE	- Recognising emotions (PM1) -Recognise how others show feelings (PM1)	-Recognise how others show feeling (PM1) -To recognise that their behaviour can affect others (RE2)	-Relationships of different types (RE1) -What makes people special (RE2)	-To recognise that their behaviour can affect others (RE2)	RE2	RE2	-Bullying (PM1) -Respect to and from others (RE3) -People's bodies and feelings can be hurt (RE2) -Comfortable and uncomfortable feelings (RE2)		-Listen to others (RE2) -Strategies for negotiation (RE2)	-Listening to others (RE2)	-Acceptable and comfortable touches and how to respond (RE5) -When to say no, yes or I'll ask (RE5)	-Bullying (PM1)	-Listen to others (RE2)	-How families look different (RE1) -Respecting differences (RE1)
PSHE Assoc	Year: 1 Core Theme: 2 Grid: A	Year: 1 Core Theme: 2 Grid: A	Year: 1 Core Theme: 2 Grid: B	Year: 1 Core Theme: 2 Grid: C	Year: 1 Core Theme: 3 Grid: B	Year: 1 Core Theme: 2 Grid: D	Year: 1 Core Theme: 2 Grid: E	Year: 1 Core Theme: 2 Grid: F	Year: 1 Core Theme: 2 Grid: G	Year: 1 Core Theme: 2 Grid: H	Year: 1 Core Theme: 2 Grid: I	Year: 1 Core Theme: 2 Grid: J	Year: 1 Core Theme: 3 Grid: K	Year: 1 Core Theme: 3 Grid: L

PSHE/RSE Scheme of Work														
Year 1 - Health and Wellbeing														

Teaching and Learning	Summer 1							Summer 2						
	Some of the things that keep our body healthy (Exercise, sleep, rest, food)	Likes and dislikes, making a choice	Different kinds of feelings and how to manage them	Personal hygiene	Spread of infection and how to stop it (Coughs, colds etc)	Growing from young to old	*Correct names of the main body parts, the similarities between boys and girls	What makes us unique! How to set goals	Dealing with change or loss eg: new baby, new school	What goes into our bodies (Harmful and unharmed)	Family networks and people who take care of them	Keeping physically safe	Keeping emotionally safe	Shared responsibility for keeping themselves and others safe
Notes/RSE	-Healthy lifestyle (PM1, PM2, PM3, PM4, PM6)	-Good and not so good feelings (PM1)	-Managing feelings (PM1)	-Importance of personal hygiene and routine (PM6)	-Health and prevention (PM6) -Simple skills to help disease spreading (PM6)		-Respecting differences (RE1) -Being safe and keeping things private (RE5) *Vocab list	-Respecting differences (RE1)	-Managing feelings (PM1) -Communicating feelings (PM1)	-Healthy lifestyle (PM1, PM2, PM3, PM4, PM6) -House hold products can be harmful (PM5)	→How families look different -Families linking to love, security and stability (RE1) -Belonging to groups (RE1) -Relationships of different types (RE1)	-Keeping yourself and others safe (RE5) -Health and prevention, dental hygiene, being sun safe (PM6)	-Mental wellbeing (PM1) -Communicating feelings (PM1)	-Keeping yourself and others safe (RE5) -Health and prevention, dental hygiene, being sun safe (PM6) -Mental wellbeing (PM1) -Communicating feelings (PM1)
PSHE Assoc	<i>Year: 1 Core Theme: 1 Grid: A</i>	<i>Year: 1 Core Theme: 1 Grid: B</i>	<i>Year: 1 Core Theme: 1 Grid: C</i>	<i>Year: 1 Core Theme: 1 Grid: D</i>	<i>Year: 1 Core Theme: 1 Grid: E</i>	<i>Year: 1 Core Theme: 1 Grid: F</i>	<i>Year: 1 Core Theme: 1 Grid: G</i>	<i>Year: 1 Core Theme: 1 Grid: H</i>	<i>Year: 1 Core Theme: 1 Grid: I</i>	<i>Year: 1 Core Theme: 1 Grid: J</i>	<i>Year: 1 Core Theme: 1 Grid: K</i>	<i>Year: 1 Core Theme: 1 Grid: L</i>	<i>Year: 1 Core Theme: 1 Grid: L</i>	<i>Year: 1 Core Theme: 1 Grid: M</i>